

GFWC of Montana
GFWCMontana.org

August 2022
Volume 59, Issue 1



The Montana Woman



*Community - Acknowledgement
Respect - Empowerment
2022-2024*

Come One — Come All!

**GFWC Montana Fall Meeting
September 30 - October 1, 2022**

**Heritage Inn
Great Falls, MT**

**A weekend filled with guest speakers, presentations,
information for the new administration, and
FUN HAPPENINGS is planned!**

**See the next two pages for hotel details and the
Registration Form which is due September 19th.**

**Come learn first hand about the CARE Project and come
away with ideas of how your club might participate.**

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GFWC of Montana Executive Committee

ALL COMMUNICATION WITH THE EXECUTIVE COMMITTEE SHOULD BE DIRECTED TO :

GFWCMT.BOARD@GMAIL.COM

President

Lynn Foreman

President Elect, Membership Chairman
Karen Gustavsen

1st Vice President, Dean of Departments
Kim Montag

Recording Secretary
Marsha Baumeister

Corresponding Secretary/
Zoom Administrator
Marsha Price

Treasurer
Lorrie Hardy

Parliamentary Advisor
Sandi Conrady

Budget and Finance Chairman
Adina Fox

See the 2022-2024 Contact Book given to each Board Member for more information.

The Montana Woman

The Montana Woman is published quarterly in August, November, February, and May. The deadline for news is the first of the month preceding the publication date. We encourage GFWC of Montana clubs to share their news in *The Montana Woman*.

Email news and photographs to:

Karen K. Gustavsen, Editor
gfwc.board@gmail.com

Mail or email change of address to:

GFWC of Montana Membership Chairman
Karen K. Gustavsen
gfwc.board@gmail.com



OFFICIAL CALL TO THE 2022 GFWC Montana Fall Meeting



September 30 – October 1, 2022
Registration Deadline – September 19th

Heritage Inn

1700 Fox Farm Road
Great Falls, MT 59404
Phone 406-761-1900
Rooms : \$104. plus taxes, total \$114.32 *includes breakfast*

Call 406-761-1900 for reservations. Refer to General Federation of Women's Clubs

HOTEL REGISTRATION **RATE DEADLINE: September 19th**
(NO GUARANTEE OF ROOM OR PRICE AFTER THAT DATE)

Tentative Agenda

Friday, Sept 30th (Business Casual Attire)

- Executive Committee meeting: 9:00 a.m.
- **Registration: 11:00 a.m. – 12:30 p.m.**
- General meeting: 1:00 p.m. – 4:30 p.m.
- District meetings: 4:45 p.m. – 5:30 p.m.
- Dinner: 6:30 p.m. (Business Casual Attire)
- After Dinner Fun - President's Project Bingo!

Saturday, October 1st (Business Casual Attire)

- TOPPS 8:00
- PDQs 8:45
- General Meeting: 9:30 a.m. - 5:00 p.m.
- Lunch 12:00
- Dinner: 6:30 p.m. (Cocktail Attire)

What to bring to this meeting?

- A smile & caring attitude
- Silent Auction Item(s) – Clubs or individuals please bring items of your choosing (baskets, bags, handcrafted – whatever – be creative)
- Bring cash – \$5.00 per Bingo Card & there will be 5 rounds (each round is 50-50 to winner)
- Jewelry to recycle with the Past District Presidents – There will be a Sale!

NOTE: All GFWC MT members are invited to the GFWC of Montana Fall Meeting.
Please make every effort to have your club represented.





**GFWC Montana Fall Meeting
September 30 - October 1, 2022
Heritage Inn, Great Falls, MT**



Please send one registration form for each person attending.

Name: _____
 Address: _____
 Phone Number: _____ **First Timer: Yes** _____ **No** _____
 GFWC Montana Position(s): _____
State, District and/or Club
 Club Name: _____
 District: Western Central Eastern

Members of the GFWC of Montana Board of Directors are voting delegates.

ALL MEMBERS are welcome and encouraged to attend.

Registration Fee:

\$40.00

Please note any dietary considerations: _____

Friday, September 30, Dinner	Circle your choice:	\$36.00 _____
Roasted Pork Loin, mushroom herb sauce, mashed potatoes, Seasonal fresh veggies		
Classic Lasagna Angus ground beef, pasta, ricotta, mozzarella, Parmesan, tomato basil, fresh veggies		\$32.00 _____
<small>Both dinners include Tossed salad-- Salted Carmel Crunch Cake</small>		
Saturday, October 1, Lunch		
Club Croissant Turkey, cheddar, bacon, bacon, lettuce, tomato , potato salad, fresh fruit garnish		\$21.00 _____
Saturday, October 1, Dinner	Circle your choice:	
8 oz NY Steak - Twice baked potato, seasonal veggies		\$38.00 _____
Honey Almond Chicken Breast - Garlic whipped potatoes, seasonal veggies mashed potatoes		\$32.00 _____
<small>Both dinners include salad— Dessert Station - Assorted</small>		
<small>All prices include gratuities</small>		
	TOTAL	_____

Registration Deadline: Postmarked by September 19, 2022

NO REFUNDS will be given after September 16, 2022

Make checks payable to GFWC Montana

Mail Registration form and check to:

Marsha Price, 2623 Terrace Drive, Billings, MT 59102 406-698-6946 / askmap@gmail.com

Greetings Fellow GFWC Montana Members



I have attended two incoming GFWC Incoming Leadership sessions this year, and am looking forward to the next two years in working with you to strengthen our State organization by collectively helping Clubs which have experienced a decline in membership and by creating new Clubs.

Leadership is a focus of GFWC President Deb Stranhowski, and I wholeheartedly support providing the opportunity to interested members to participate in State of Montana Leadership Workshops. This will be accomplished by our Past Leads Candidates Committee with assistance from GFWC Leaders.

The GFWC Signature Project is Domestic and Sexual Violence Awareness and Prevention. The emphasis this administration is Human Trafficking, which is a significant problem in Montana directly impacting our Native American population. Let's determine what impact we can have – your ideas are welcome!

Lynn Foreman
GFWC Montana President

2022 – 2024 GFWC State of Montana President's Special Project Community - Acknowledgement - Respect - Empowerment



Each club is requested to determine the “**who**” in their community have taken care of others; and deserve to be **acknowledged** with **respect**. Each Club is **empowered** to determine the “what” or “how” this is achieved.

I recognize that each Community within our state has different priorities and needs. Therefore, I will provide support in the form of encouragement to all State of Montana Club members to support their club and reach out and support other clubs. This may be in the form of generating ideas, creating “birds of a feather” teams that have similar goals, interests and skills; or even having members from other clubs with skills that are needed help you to reach your goals. All I ask of you is to have fun, write reports & attend a meeting to present what you have done, so that we may celebrate your achievements and learn from one another.

You can learn more at the Fall Meeting in Great Falls on September 30 – October 1
Plus – you can play C A R E Bingo – with the potential to win 50 – 50



CARE Project Fundraising Fun

Toni Molinario, Chairman

A star is best seen at night. However, as GFWC Volunteers “Our Light” shines continually and confidentially in Montana day and night! During this time of division and uncertainty in our country, President Lynn Foreman, has asked us to show kindness and to care and appreciate one another.

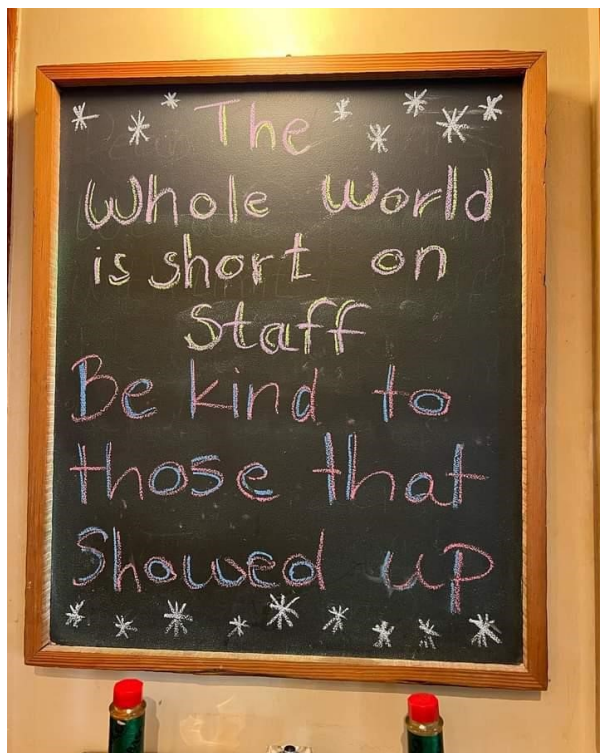
One way we can do this is by “**Counting Our Blessings**” and sharing our many blessings with each other at our Fall meeting. It will enable us to get to know each other in a positive way and create and enhance our relationships with one another. A ‘Sharing’ time will be designated by President Lynn and a “Blessing Basket” will be brought around. At this time we will share a blessing in our life that has been a positive event.

Realistically, it takes financial support to continue growing and achieving our GFWC goals at State level. While developing awareness and support for people who care for us, we as members of GFWC, need to care and appreciate one another. Funds generously given will be used to support the CARE Project to develop awareness and support of programs that continue growing and achieving our GFWC goals in 2022-2024. Be prepared to “Count Your Blessings!”

There will also be five fun rounds of **CARE Bingo** with a 50/50 split of the pot for each game. Proceeds will support the CARE Project.

Clubs and members have been asked to bring **Silent Auction** items of your choice — bags, baskets, handcrafted — be creative! This event will support both the President’s Special Project and GFWC MT General Funds.

We look forward to seeing your smile at the Fall Meeting!



IF
I COULD GIVE
YOU ANY GIFT,
I'D GIVE YOU
Love
AND
laughter
A PEACEFUL HEART,
A SPECIAL DREAM
AND JOY
FOREVER AFTER.
UNKNOWN



GFWC Convention 2022—New Orleans *Let the Good Times Roll!*

GFWC Montana had 10 members attending GFWC Annual Convention held in New Orleans. We enjoyed the camaraderie of seeing our fellow members from across the nation and world. Several of us took a class on New Orleans Cooking... YUM! Others took the time to get out on their own and explore New Orleans.

President Marion St. Clair and Sheila Shea, Resolutions Chairman, lead us in updating GFWC Resolutions. Check them out at: GFWC.org, Member Log in, My Digital Library, Resources, R, and finally Resolutions.

Our new officers were installed and celebrated with “A Million Dreams.” Be sure to watch for news from President Deb Strahanoski. Lynn Foreman was installed as GFWC Montana President 2022-2024. Additional GFWC Board of Director Members from Montana are Sandi Conrady, WSR President, Joyce DeCunzo serving on Legislation & Public Policy and Florence Diede serving on the Signature Program: Domestic & Sexual Violence Awareness and Prevention.

Make plans now to learn all you can about the good works of GFWC. Join us in Louisville, KY June 2023.

Let Your Light Shine!
Florence Diede
Past President

GFWC Montana National Awards 2022

St. Jude Children’s Research Hospital
Top Fundraiser. Category 5

2022 Charlotte Emerson Brown Award for
Exemplary Service & Excellence in State
Leadership — Florence Diede

Outstanding Achievement in Arts
Outstanding Achievement in Communications
and Public Relations

Club Creativity in Communications and Public
Relations
GFWC Billings Junior Woman’s Club

Club Creativity in Signature Program: Domestic
& Sexual Violence Awareness and Prevention
GFWC Billings Junior Woman’s Club

Club Creativity for Leadership
GFWC Fort Fenton Woman’s Club

Club Creativity for Membership
GFWC Bitterroot Woman’s Club

Congratulations ladies!

Let your SMILE change the world ... But don’t let the world change your SMILE!
— Snoopy

Past President’s Special Project Wrap-Up *Suicide Prevention Through Education*

Let’s help get the National Suicide Prevention Lifeline (988) in the hands of our community members by distributing lip balm with the number on the tube. Calling 988 can help reduce emotional distress and suicidality.

How many tubes would your club be able to effectively distribute before the end of 2022?

Before September 30, send Florence an email with the number of lip balm tubes you would like. Pick them up at the Fall Meeting in Great Falls.



In addition to all the Club Presidents who are part of the Board of Directors by virtue of their club position, the women have been appointed to serve as Chairmen of the following positions.

COMMUNITY SERVICE PROGRAMS

Dean of Chairmen/Award Entries	Kim Montag
Arts and Culture	Karen Hoyt
Civic Engagement and Outreach	Judy Senteney
Education and Libraries	Lorraine Renard
Environment	Mary Sedwick
Health and Wellness	Marsha Hotchkiss

ADVANCEMENT AREAS

Communications & Public Relations	Nancy Hanford
Fundraising and Development	Toni Molinario
Leadership	Joyce DeCunzo
Legislation/Public Policy/Resolutions	Cheryl Martin
Membership	Karen Gustavsen
Women’s History Resource Center	Mary Lou Hermes

SPECIAL PROJECTS

Signature Project—Domestic Violence	Cathy Barth
Junior Special Project—Advocates for Children	Lisa Kuntz
President’s Special Project—CARE Project	Sarah Fryer and Joyce Hooper

CONTESTS AND AWARDS

GFWC MT Writing Contest	Jan Beekman
GFWC MT Photography Contest	Jo Campbell
Community Impact Program	Nancy Hanford
Jennie Award Chairman	Susan McCartney

SPECIAL ASSIGNMENTS

Bylaws	Vurnie Kaye Barnett
Epsilon Sigma Omicron (ESO)	Bobbie Conrady
Director of Music	Dixie Hertel
Pianist	Marion Hertel
Spiritual Values	Florence Diede
Webmaster	Gayle Carter
The Montana Woman Editor	Karen Gustavsen
Zoom Administrator	Marsha Price
Assistant to the President	Toni Scully

District Officers

WESTERN

President	Karen Gustavsen
Vice President	Linda Suckow
Secretary	Lorraine Renard
Treasurer	Linda Stephani

CENTRAL

President	Kim Montag
Vice President	Cathy Kipping
Secretary	Beth Campbell
Treasurer	Jo Campbell

EASTERN

President	Judy Senteney
Vice President	Gayle Carter
Secretary	Nancy Bruce
Treasurer	Karin Green

STANDING COMMITTEES

Budget/Finance - Adina Fox, Chairman; Jo Campbell, Barb Barrett
 Bylaws - Vurnie Kaye Barnett, Chairman; Dixie Hertel, Nancy Bruce, Mary Lou Hermes
 Nominations - Marsha Price, Chairman; Nancy Hanford, Bonnie Connor, Linda Suckow
 Credentials - Marsha Price, Chairman; Terry Kockler, Deb Willis, Linda Suckow



Membership Corner “Sparkle and Shine” Karen Gustavsen, Chairman

Sparkle and Shine is the theme for the Membership Recruitment Campaign. **Report new members who joined in June, July, and August by September 1.** A fillable form and directions are available on the gfwc.org member portal but also send a copy to our Montana Membership Chairman, Karen Gustavsen.

The first year is the most crucial in a GFWC clubwoman’s membership. New members must immediately feel they can make a meaningful contribution to the club and community. By inviting and encouraging new members to be involved, you will build loyalty and commitment to the club’s service projects and GFWC’s mission.

Recruitment is a year-round process, and the campaigns and reporting of new members reflect this fact. A club that recruits three new members during each season will end the year with 12 new members!

Try planning a recruitment campaign and event around a special interest of your membership. Pick a national date and tie in a Community Service Program.

For example, in the fourth Saturday of October is National Make a Difference Day. It is also close to Halloween and a perfect time to have a costume exchange supporting families who might be struggling financially. Add safety tips provided by the local police department and scary make-up lessons from the high school drama that eliminate the need for a mask. Great idea for Civic Engagement CSP!

The possibilities are endless when we look for diversity. Always include Federation facts, food, and fun at any recruitment event with an invitation to the next meeting or event.

Important Fall Dates

August 25—27	Western State Region Conference—Anchorage, Alaska
September 1	Summer Member Recruitment Report Due—check gfwc.org for form & details
Sept 30—Oct 1	GFWC Montana Fall Meeting—Great Falls, MT
December 1	Winter Member Recruitment Report Due—check gfwc.org for form & details

“FARMERS ARE NOT HONORED ENOUGH FOR THE WORK THEY DO. NOT JUST AS PRODUCERS BUT AS STEWARDS OF THE LAND AND BUSINESS PEOPLE. THEY ARE THE ONES WHO KEEP US FED. IF WE CAN HONOR THE BRILLIANCE OF FARMERS THAT WILL GO A LONG WAY IN TRANSFORMING OUR FOOD AND AGRICULTURE SYSTEM.”

FOOD TANK



Pop-Up Lunch Gathering GFWC MT Western District

One quick call to Panera's Bread in Missoula to make sure the idea was OK with them, then an email to present and past Club Presidents plus every district member email known to the District President, and the stage was set! Granted, not everyone would be available with a 10 day notice, but that would be the case even if there were longer range planning.

There were hugs for those we had not seen since 2019 and new acquaintances were made. Like interests and stories of past projects were exchanged. Thirteen women represented five of the clubs in the district. We shared club news, an idea for an inexpensive magnetic name badge, ideas to streamline business at our meetings, and fascinating facts about the history of the Missoula club.

Hope to see all these friends at the Fall Meeting in Great Falls!



FRONT: Linda Stephani, Cathy Mills, Rae Proctor, Cathy Barth, Lorraine Renard, Karen Gustavsen
MIDDLE: Jennifer Lippy, Adina Fox, Adriann Monson, Carol Peterson
BACK: Linda Suckow, Sarah Fryer, Margaret Sharp



Adina Fox and Rae Proctor are both 50 year members of GFWC

GFWC Montana

The history of our State Federation is filled with stories of the clubs rising to meet community challenges and needs. What is a favorite from your club's past? Do share them with us!

Ask the Missoula women about building the only art museum west of the Rockies in 1937. Ask Deer Lodge or East Glacier Park about their Clubhouses' history. How many clubs were active in the polio vaccination campaigns of their town and county? Victory gardens and sharing the bounty with neighbors, war bond drives, and collecting scrap metal for bombers are all part of our history.

Issues of *The Montana Woman* from the 1920's to the 1990's are stored online at the Montana Memory Project. Follow <https://mtmemory.recollectcms.com/nodes/view/12957> right to the collection. It makes fascinating reading!

